

*It takes the Strength  
of a Woman to  
Realize the Power of  
Prevention Screenings.*

**Your life is in your hands.**

Choose to make the most of it  
by knowing how to talk with  
your health care provider about  
your mammogram, cervical  
and colorectal screenings.

For more information contact the  
American Cancer Society at  
1-800-227-2345.



**FirstChoice**  
by Select Health of South Carolina  
 *Your Hometown Health Plan*

Healthy Connections 

# *What to say when you talk to your health care provider*

Before you get a breast, cervical or colorectal screening, you may want to ask your health care provider the following questions:

- How often should I be screened?

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- What will happen during the screening?

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- How long will it take?

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- When and how will I learn about the results?

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